161 Productive Things To Do When Quarantined At Home for COVID-19

1.COVD-19 Related Things To

Do

- ☐ Quarantine yourself at home (if you can)
- ☐ Work remotely (if you can)
- ☐ Keep your regular workday routine (as much as you can)
- ☐ Plan what to do with the extra time you save from commuting
- ☐ Monitor your COVID-19 news intake
- ☐ Specify the sources that you will listen to
- ☐ Wash your hands every 15 minutes
- ☐ Take the needed precautionary vitamins
- ☐ Communicate with people living with you
- ☐ Acknowledge the fact that this is a stressful time for everyone in the globe

2. Personal Development

Things To Do

- □ <u>Set goals</u>
- ☐ Who am I?
- ☐ Start a blog
- ☐ Create a podcast
- □ Start vlogging
- Make a health plan
- ☐ Make a 5-year plan for your life
- ☐ Make a financial plan
- Plan your year (if you haven't done so)
- □ Reflect on the last decade
- ☐ <u>Find your inspiration</u>
- □ Develop a habit
- ☐ Practice Photography
- ☐ Subscribe to <u>www.chantalsouaid.com</u>
- ☐ Join <u>#Chantals2020WeeklyChallenge</u>

3. Relaxing Things To Do

- Spend time with yourself
- ☐ Have a relaxing day
- Create a morning routine
- Create an evening routine
- ☐ Improve your day in 5 steps
- ☐ Have a bubble bath with candles
- ☐ Make a home manicure and pedicure
- ☐ Make an organic face mask
- Practice mindfulness
- ☐ Sit outside Listen to the sounds around you
- ☐ Read a book
- Don't finish the book you started
- ☐ Write a daily journal
- □ Exercise
- ☐ Have a home spa day
- Practice being grateful
- Disconnect

## General Things To Do Dance to your favorite beats Practice your bar tendering skills Pray Read your Holy Book Crosswords Sudoku Start a blog Play your favorite music Play an instrument Puzzle Go to a virtual museum Watch series Make a movie bucket list and watch them in the evening Plant Learn a new language Take an online course Take a typing courses Dye your hair at home Cut your hair at home Grow a beard Wax	 D. Tkings To Organize Make an organization plan Organize your closets Organize photos Organize your desktops Rearrange your furniture Organize your utensils drawer Delete apps from your phone (aim at least one a day) Organize your CDs and DVDs (if you still have some) Revisit and organize your books (you can categorize them if you want) Organize your purse Plan your inhouse clothes for the week Organize your official papers Social Tkings To Do Call or message some old friends aim for one a day at least Play cards (Play online game if you are quarantined without anyone) Play board games Sing Karaoke (can still be done alone) Have a date night with your significant other Call someone your highly respect and tell them you respect them Organize a cheese and wine solo party Have a candlelight dinner with yourself or your significant other Have a backyard picnic 	7. Spring Cleaning Tkings To Do Remove carpets, clean then and store them Clean curtains Empty your kitchen cupboards and clean them Wash bathmats and bath curtain Ventilate the pillows and mattresses Vacuum clean the furniture Clean your pantry Clean your spices Clean your fridge (yes it should be cleaned) Clean your AC vents Throw expired food and products Clean all your windows and doors Change remote control batteries Transition your wardrobe Clean your medicine cabinet Donate at least one thing a day Fix your drawers Disinfect electric switches and plugs Disinfect doorknobs Iron any clothes that have pilled up Do your Spring Cleaning

8. Cooking Things To Do	9. DJY and Crafts Things	11. Things To Do With
☐ Bake a cake	70 Do	Kids
☐ Cook your favorite meal		
☐ Make a meal plan for the coming month and	☐ Embroidery	☐ Make a plan for your kid's activities
cook daily	☐ Knitting	☐ Bake sweets
☐ Plan one supermarket visit for all your meals	Crochet	☐ Play board games
this month	☐ Make candles	☐ Make puzzles
Make an egg sandwich	 Make things out of papier Mache 	☐ Read stories
☐ Cook Lasagna Bolognese	☐ Learn origami	□ Color
 Cook a one-pot vegetable spaghetti 	☐ Braid your hair or someone in the family's	□ Do DIYs and crafts
☐ Make Lebanese meghleh	hair	□ Play hide and seek
☐ Cook egg 'n cheese with asparagus and ham	☐ Paint	☐ Build something
Cook fish filet	□ Color	☐ Play Lego
Make an egg and cheese sandwich	□ Draw	☐ Free Play
Make a rocca salad		
□ Bake tortellini	10. Career Development	12. Other Things To Do
☐ Make your own chef salad	10. Career Development	00
□ Make homemade hamburgers	Things To Do	<u> </u>
☐ Bake a rainbow cake		<u> </u>
□ Boil Shrimps	☐ Learn a new skill you need for improving	<u> </u>
Cook a light orange chicken meal	your career	<u> </u>
Make a minted frozen lemonade	☐ Clear your inbox	<u> </u>
Make homemade sushi (you can use cooked	☐ Organize your files	O
ingredients)	☐ Plan your professional goals for the coming	O
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☐ Make fish, meat or chicken stock and freeze	year	O
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